

Consent to Participate in Supervision Services via Secure Messaging Platform

By signing this agreement, you authorize your supervisor to utilize a secure messaging platform (Signal) in order to conduct supervision sessions via written message. Chat supervision sessions may only be completed in conjunction with video, in person, or phone supervision sessions, which must occur at least monthly. They can be scheduled as blocks of time or completed on an as-needed basis.

By signing this document, you agree that you are aware that use of this secure messaging platform has potential benefits, including easier access to support, continuity of support, and potentially more timely responses to concerns or questions.

You also understand that there are potential risks to this technology, including unauthorized access, technical difficulties, and security issues that cannot be predicted or controlled. While there may be technical difficulties and security issues beyond my control, I have done my best to find a platform that is safe and secure, and adheres to all relevant privacy and protection acts.

By signing this document, you agree that you understand that additional costs from your internet provider may be incurred as a result of your use of this application, and that Your supervisor and Roots in Wellness are not responsible for these charges. While at this time, Signal is a free application for all, you understand that any charges incurred from in-app purchases or changes to the application will not be the responsibility of Your supervisor or Roots in Wellness.

It is understood and agreed upon that all policies, procedures, roles, and guidelines under your initial supervision contract will be adhered to during chat supervision sessions as well; this consent acts as an additional addendum to the original supervision contract, and does not replace it.

LIABILITY AND RESPONSIBILITY FOR CLIENT WELLBEING

By initialing here, you are acknowledging that you accept full ownership and liability for the entirety of your current and future caseload. Since Your supervisor will not have access to your client's clinical notes and files or identifying personal information, Your supervisor's involvement is on a consultation basis only. Therefore, Your supervisor does not accept liability for any of the supervisee's clients.

CONFIDENTIALITY

It is important to note that while Signal uses end-to-end encryption, I cannot guarantee that all information will be secure at all times. There are instances in which there are security breaches, and it is important that you are aware that this is a possibility. I will always do my best to protect your information where I can.

Client information should remain confidential through the chat platform, including client personal or identifying information. Client names, address, contact information, or any

other information that could be used to identify them should not be shared through Signal.

COMMUNICATION

It is important to understand that messaging applications have some downsides compared to in person, video, and phone sessions. Not being able to see the other person's body language or hear the tone of their voice can lead to miscommunication and misunderstanding.

When engaging in supervision via secure messaging, it's important to communicate clearly and effectively, and you may have to give more information than you would normally in order to convey your tone or emotions. It is also important to ask for clarification if you are unsure about what was meant by something your supervisor has said, or if you are unsure of the tone. We will do our best to communicate effectively and ask questions when necessary.

Given the nature of chat supervision and potential concerns regarding communication, the appropriateness and availability of this method of supervision is subject to review and change. Certain subjects and topics may not be appropriate for this method of communication, and there may be times at which your supervisor requests a phone or video call in order to discuss a topic that you bring to supervision. Should this occur, your supervisor will do their best to ensure you have resources and information in the interim, and to get you scheduled in for a call as soon as possible.

HOURS & CONTACT

While Signal allows you to send messages at any time, it is important to note that I will not be available at all times to respond. I will still have general working hours, but it will be unpredictable when I will be able to respond to messages.

As always, my hours will be Monday to Friday from 9am-5pm, so you can expect responses between these hours. I will do my best to check my messages every day, however there are days that are particularly busy where this may not be possible. In general, you can expect a response within two business days of sending a message.

You may also opt to schedule a block of time for messaging, similar to a video session, in which case my responses will be immediate.

EMERGENCY SITUATIONS

Please note that the use of this method of therapy is not appropriate for emergency situations, as I am not continually checking for messages. If there is an emergency or you are in crisis, call 9-1-1 immediately, or visit your local emergency room.

FEES

Fees for this type of service work differently than fees for other types of service, as there may not be predetermined times where we will be engaging in this type of communication. In the event that you schedule a block of time to engage in secure message based supervision, then you will be billed for that block of time.

However, if you are utilizing this service on an as-needed basis, billing will be completed in intervals of 15-minutes. These sessions will be billed at the same rate as other session types (\$140/hour plus HST). I will keep track of the amount of time that it takes me to read, and then respond, to each message, and send you a summary of the time used for each day.

Once you reach a 15-minute block, you will be billed for it, unless otherwise agreed-upon (for example, we may agree to only bill once you reach 30 or 60 minutes, depending on the volume).

You may cancel this agreement at any time, either verbally or in writing, to Your supervisor directly.

Your signature below indicates that you have read and understand this document,, and that you agree to its terms.

Written Legal Name of Client

Signature

Date